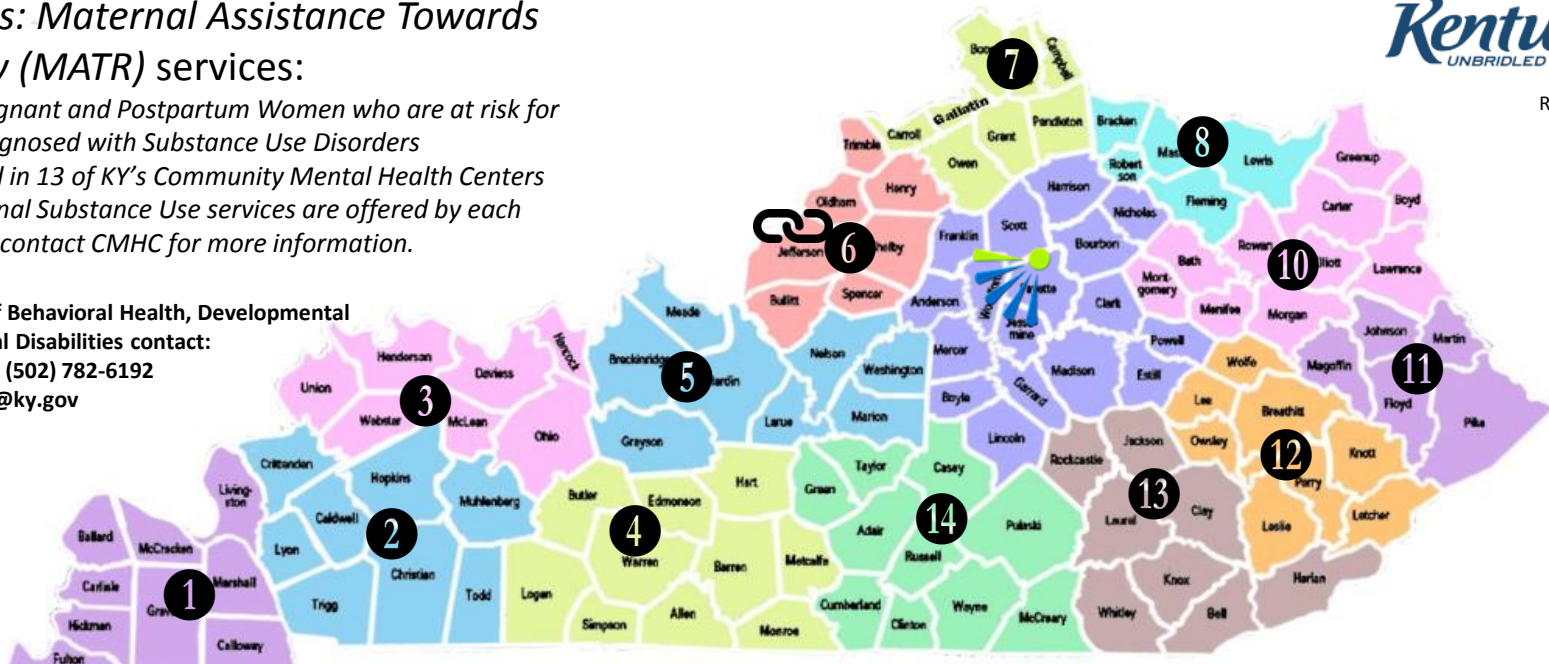


# KY Moms: Maternal Assistance Towards Recovery (MATR) services:

- ❖ For Pregnant and Postpartum Women who are at risk for and diagnosed with Substance Use Disorders
- ❖ Located in 13 of KY's Community Mental Health Centers
- ❖ Additional Substance Use services are offered by each region, contact CMHC for more information.

Department of Behavioral Health, Developmental and Intellectual Disabilities contact:

Katie Stratton: (502) 782-6192  
Katie.stratton@ky.gov



## KY Moms by Community Mental Health Region

### 1- Four Rivers Behavioral Health

(Paducah & surrounding counties)  
Ellen Walsh (270) 442-8039 x 703

### 2- Pennyroyal Center

(Hopkinsville & surrounding counties)  
Paula Brown (270) 886-0486 x 194

### 3- River Valley Behavioral Health

(Owensboro & surrounding counties)  
Nikki Slobig (270) 852-5520

### 4- Lifeskills

(Bowling Green & surrounding counties)  
Karen Garrity (270) 901-5000 x 1066

### 5- Communicare

(Elizabethtown & surrounding area)  
Tara Smith (270) 734-2850

### 6- Centerstone

(Louisville & surrounding counties)  
Mendy Mason (502) 341-5400

### 7- NorthKey Community Care

(Northern KY area)  
Heidi Bowman (859) 283-0952 x 4251

### 8- Comprehend

(Maysville & surrounding counties)  
Lauren Penrose (606) 759-7799

### 10- Pathways

(Ashland & surrounding counties)  
Kerry Wheeler (606) 324-1141 x 4532

### 11- Mountain Comprehensive Care

(Pikeville & surrounding counties)  
MaShawna Jacobs (606) 889-0328

### 12- KY River Comprehensive Care

(Hazard & surrounding counties)  
Ginger Shouse (606) 436-4124

### 13- Cumberland River Behavioral Health, Inc

(Corbin & surrounding counties)  
Jill Owens (606) 337-2070

### 14- The Adanta Group

(Somerset & surrounding counties)  
Sherri Estes (606) 679-9425



**Project Pride - Bluegrass.org**  
Pregnancy Case Management  
Tracy Parris 859-425-1210



**Project Link – Centerstone**  
Pregnancy Case Management  
Ana Williams (502) 269-8510